

Attachment B

PCYC South Sydney – Equitable access

Ensuring Continuity of Accessible sports and active recreation facilities

For the past 72 years the PCYC has provided the Redfern community with low cost and free access to sports and active recreation facilities, programs and activities. We have provided a safe, inclusive place for young people to meet, engage and participate; to gain access to information and referral to services; and to interact with the Police and other positive role models. We have helped to break down barriers and reduce social isolation and disengagement. Working with NSW Police, PCYC has also supported and mentored 'at risk youth' positively changing the trajectory of their lives.

PCYC NSW is a low-cost service provider and offers free membership of the Club and access to programs and activities for people who are disadvantaged. PCYC NSW also delivers a suite of programs and activities for young people who are disadvantaged and/or disengaged. These programs focus on building confidence, life skills and resilience to improve education outcomes and provide skills that enable young people to enter the workforce.

Without a new facility, PCYC's continued delivery of the above will cease. Filling the capital funding gap will ensure PCYC can not only continue its commitment to the Redfern community, but expand that in line with the opportunities a larger, more diverse facility will bring.

PCYC's Commitment to the Redfern Community

The following are examples of how PCYC will aim to continue to support the local community through free and low cost access to club spaces and activities;

- 80 free memberships annually
- Free access at all opening hours to the Youth & Community Hub
- 25 daily free youth drop in attendances
- 100's of hours of free school holiday activity attendances
- 10 hours per week of free or heavily discounted room hire
- 1000's of hours of free or subsidised sport, fitness and recreation visits
- Community Christmas BBQ with presents for kids
- Weekly food support

PCYC Pricing Policy

PCYC NSW is a registered charity, whose mission is to empower young people to reach their potential through Police and community partnerships. Reflective of this commitment is our pricing structure. We strive to make our activities and facilities accessible to all community members.

PCYC has a core commitment to 'finding a way'. We will work to our best endeavours to ensure no one is turned away whose circumstances may preclude them from fully funding participation in a PCYC activity. We provide this support via external grant funding whenever possible.

Additional discounts are provided for families that create multiple bookings, or book sessions over several days. Special rates can be formulated for use of the facilities by community organisation and local charities to assist in them providing services to the local community.

Youth & Community Hub

The PCYC South Sydney club will have a dedicated “hang out” space for the community which will include casual, soft furnishing, TV’s, computers, gaming consoles and passive leisure activities eg table tennis. The Youth & Community Hub is positioned adjacent to the entry of the club and is before the access control point, this allows for free access to the services within and is usually the first point of contact PCYC makes with local communities.

PCYC Programs

In partnership with NSW Police Force, PCYC offers programs which engage young people and aim to increase social participation and prosocial behaviours. Utilising PCYC facilities, vehicles and resources, there are a number of targeted intervention strategies and evidence-based programs that aim to connect young people to positive mentors, structured employment, personal development programs, fitness and diversionary activities.

A suite of programs has been created to be delivered in partnership with NSW Police - Youth Command to build self-confidence, resilience and respect, reengage in education, identify employment pathways and reduce instances of juvenile crime in young people 10-17 years. Three core programs exist in this suite:

FIT FOR LIFE – an early intervention, entry level activity where young people participate in a fitness session, have breakfast and are transported to school.

FIT FOR CHANGE – term-based program for disengaged youth

FIT FOR WORK – Flagship program which is aimed at developing job readiness skills in young offenders and youth at risk and connecting them with job opportunities.

STEPPING UP: An employment readiness and mentoring support program for 16-18 years old, bridging the divide between secondary education and meaningful permanent employment. Using an evidence-based approach, this two-phase program includes;

1. an intensive 10-week capacity and skills building component, supporting young people to successfully transition from high school to employment opportunities,
2. 6 months supported case management for young people and their employers, focused on supporting employment success and sustainability.

PCYC U-NITES: Program providing after hours activities for ‘at risk’ young people aged 10 -17 years to enhance connection, socialisation and participation opportunities. U-Nites will provide entertainment and recreation options in a safe and supervised space to address instances of youth crime/ and antisocial behaviour which are elevated on Friday and/or Saturday evenings. Supported by NSW Police, U-Nites activities are co-designed with young people including sport, artistic/cultural, gaming and life skill activities with transportation home available at the conclusion of the program.

GRIT (Growth-Mindset Resilience Intervention for Teens) a suite of programs designed to address a health, wellbeing and engagement in young people.

GRIT targets early intervention and prevention to reduce the risk of young people developing mental illness or distress. The program focuses on building a growth and resilient mindset by focusing on factors such as long-term wellbeing, and skill development. GRIT represents a suite of programs that engages young people in a variety of ways

- **PCYC RESET WITH GRIT:** Responding to the age of offending becoming younger, PCYC has developed a new program for Primary students in Years 5-6 experiencing signs of antisocial behaviour and disengagement. This strength-based initiative is co-designed with the school to modify behaviours while supporting the transition to high school. Phase one of the program consists of one-on-one mentoring sessions focused on individual needs, building trust, understanding, and essential life skills. Phase two consists of small group activities with an emphasis on a growth mindset and resilience intervention tailored specifically for this age group.
- **GRIT ONLINE:** A suite of online courses focused on linking nutritional, emotional and social wellbeing and building resilience skills.
- **GRIT with BITE:** A multi-faceted early morning intervention program focused on linking physical, nutritional, emotional and social wellbeing and building resilience skills.
- **LEAD WITH GRIT:** A program aimed to support youth advocacy and promote resilient school leaders.
- **GRIT PATHWAYS:** A program focused on building self-awareness and emotional intelligence for students with challenging behaviours.
- **TRANSITION WITH GRIT:** An early intervention program with a focus on building resilience and support strategies for students transitioning into high school

***note some of these free programs include boxing, fitness and sport sessions eg fit for life**

Sport and Recreation Activities

Our sport and recreation activities are paid services at an affordable rate. When we identify individuals or groups that can not paid the full fees, we either discount or find alternative funding to cover the cost, eg local fund raising, grants, donations – see pricing policy statement above.

Some examples of current prices

• Gym & Fitness	\$9.95 – \$14.95 p/wk
• Gymnastics	\$\$13.50 - \$22.50 p/class
• School Holiday Programs	\$20 - \$50 p/day
• Boxing	\$9 - \$17 p/class
• Drop in Basketball/Netball/Futsal etc	\$7 p/session
• Sports competitions	\$9 - \$11 p/game

These prices are examples of charges across all PCYC's with the range covering youth and adults.

Community Room Hire

PCYC offers spaces for hire by community groups with fees ranging from \$0 - \$80 p/hour depending on the size of the room, time of day and nature of the hire. Requests are assessed on a case by case basis and considered under same sentiment as the pricing policy above.